

Dennis Malone Aquatic Center Spring 2024 Schedule

Effective April 1st 2024 - June 21st 2024



	Monday	Tuesday	Wednesday	Thursday	Friday	
	Open Swim 7:00-8:00 AM	Open Swim 7:00-8:30 AM	Open Swim 7:00-8:30 AM	Open Swim 7:00-8:30 AM	Open Swim 7:00-8:30 AM	
	Maintenance 8:00-9:00AM					
Sunday	Open/ Ai Chi	Open/ TT	Open Swim/Arthritis	Open/ TT	Open/ Hydorrider	Saturday
Swim Lessons 9:00-1:00 PM	Aerobics 9:00-11:30AM	Aqualates/ WW 9:00-11:30AM	Aerobics 9:00-11:30AM	Aerobics/Hydorrider 9:00-11:30AM	Bootcamp 9:00-11:30AM	Swim Lessons 9:00-1:00 PM
Open Swim 1:00-2:30PM	Senior Swim 12:00-1:00PM	Senior Swim/BH 12:00-1:00PM	Senior Swim 12:00-1:00PM	Senior Swim/BH 12:00-1:00PM	Senior Swim 12:00-1:00PM	Open Swim 1:00-2:30PM
Open Swim 2:45-4:30PM	Open Swim 1:15-2:15PM	Open Swim/BH 1:15-2:15PM	Open Swim 1:15-2:15PM	Open Swim/BH 1:15-2:15PM	Open Swim 1:15-2:15PM	Open Swim 2:45-4:30 PM
Open Swim 4:45-5:45 PM	Open Swim 2:30-4:30PM	Open Swim 2:30-4:30PM	Open Swim 2:30-4:30PM	Open Swim 2:30-4:30PM	Open Swim 2:30-4:30PM	Open Swim 4:45-5:45 PM
	Splash/KSF 4:30-6:00PM	Splash/Open 4:30-6:00PM	Splash/KSF 4:30-6:00PM	Splash/Open 4:30-6:00PM	Splash/KSF 4:30-6:00PM	Open Swim (any age) Senior Swim (60 +) BH- Bristol Hospital Physical Therapy KSF- Kids Stroke and Fitness TT- Toddler Time WW- Water Walking
	Aqua Aerobics 6:15-7:00PM	Aqua Zumba 6:15-7:00PM	Fit Float 6:15-7:00PM	Aqua Aerobics 6:15-7:00PM	Aqua Boot Camp 6:15-7:00PM	
	Open Swim 7:15-8:00PM	Open Swim 7:15-8:00PM	Open Swim 7:15-8:00PM	Open Swim 7:15-8:00PM	Open Swim 7:15-8:00PM	
	Open Swim 8:15-9:00PM	Open Swim 8:15-9:00PM	Open Swim 8:15-9:00PM	Open Swim 8:15-9:00PM	Open Swim 8:15-9:00PM	

Updated: 3/20/2024

Aquatics Programs are available for additional fees.

Register online at www.bristolrec.com

Front Desk: (860)-584-3837

Please Note: There may be periodic adjustments to the schedule for transitional programs,

swim meets and other events at the discretion of the Parks and Recreation Management

*Lap lanes open for use at all open swims, extra lanes at staff discretion

*Bristol Hospital Rehab Dynamics (BH): Tuesdays/Thursdays from 12pm-2pm